



# MICRO TASKS



S4B

**Note to user:** After familiarizing with each video pill, the user will be provided with the opportunity to perform several tasks/activities/games in order to practice and further develop the respective skill.

## SKILL

### EMPATHY

## MICRO TASK NUMBER 3

### WALK IN MY SHOES

#### 01 What are the objectives of the task?



This tool, called "WALK IN MY SHOES", is a way for teachers to work empathetically on how each of their students feel in class, what are their obstacles and their difficulties and frustrations in learning. It is an activity that helps us to put ourselves in our students' shoes and reflect on how we could act to prevent them from feeling this way.

This exercise is a way of working on the problems and difficulties that students may have in class. It is a very useful tool to work on empathy and allows the teacher to know the problems and difficulties that students have with the different subjects they have to learn in class.

#### 02 What will teachers learn?



You will learn to be more empathetic in class, so that relationships with students are much smoother, resulting in greater productivity and a better classroom environment.

By being empathetic, you will eliminate prejudices and assumptions and better understand your students.

When you strive to understand your students and put yourself in their shoes, teaching becomes a much easier task.

## 03 Tasks and procedure



### Step 1:

At the beginning of the exercise, give each student a copy of the template, each sheet will be numbered as shown in the image, so there will be as many as there are students.

### Step 2:

Once each student has their shoe (template), they should answer in the first box how they feel in class, indicating their fears, their worries, the obstacles they find in the subject, what they have found most difficult to learn etc. ....

### Step 3:

Once everyone has answered how they feel in class and their problems, the teacher will collect each sheet of paper and hand them out so that everyone has a different one of the number they have been given.

### Step 4:

Now everyone has to read the one they have been given and answer in the

**3** How do I feel in the classroom?

**ANSWER**

Sometimes I have the feeling of a lack of support, when I have a problem at work and I try to ask for help I find it difficult to find colleagues to help me.

**POTENTIAL SOLUTIONS**

It is true that sometimes I have been asked for help and I have not been able to offer it, but it was because I was overloaded with work. Next time I will try to offer that help and if at that moment I can't, I will try to explain why I can't at that moment and that I will help as soon as I can.

Some teachers

I think I'm not doing enough

Talking with my study group

My mother complaining about my grades

second box what could be the possible solutions and how they could contribute to solve the fears, difficulties, obstacles etc... of the partner who answered in the first box.

Step 5:

The last step would be for each student to read his/her "shoe" (template) with the fears, difficulties and solutions he/she would bring. All the shoes can be stuck on a blackboard or wall and others can paste post it with other possible solutions.

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How do I feel in the classroom?

ANSWER

- WORRIES, FRUSTRATIONS
- OBSTACLES
- FEARS .....

POTENTIAL SOLUTIONS